

NAVID ZAMANI

619-356-1466 | nzamani@sdsu.edu | www.navidzamani.com

EDUCATION

Vrije Universitat Brussels, Brussels, Belgium – TAOS Institute Ph.D. Psychology	2017-2023
San Diego State University, San Diego, CA M.S. Counseling with Emphasis in Marriage and Family Therapy	2010 - 2013
University of California, Davis, Davis, CA B.A. Psychology Minor: Music	2006 - 2009

TEACHING EXPERIENCE

Full-Time Lecturer – CSP 320, 460, 600, 600L, 615, 618, 625, 626, 640, 670, 670L, 785; HON 113, 313 Developed syllabus, rubrics and associated class materials, provided instruction, and administered all grades, developed online learning contexts. San Diego State University	2018-2025
Interim Program Director -MS Marriage and Family Therapy Program Provided programmatic and administrative support to faculty and students. Engaged in student and Faculty affairs, including recruitment, graduation support, faculty and University-level meetings.	2023-2024
Program Director - MA Education Counseling Program Created curriculum and participated in the genesis of this program as an online/hybrid modality. Engaged in student and faculty affairs, including recruitment, graduation support, faculty and University-level meetings.	2017-2018
Part-Time Lecturer – CSP 625, 670, 626, 600, 320, 400; HON 113, 313 Developed syllabus, rubrics and associated class materials, provided instruction, and administered all grades, developed online learning contexts.	2017
Part-Time Lecturer –CSP 320 (Fall and Spring), 670L, 618, 640 Developed syllabus, provided instruction, and administered all grades.	2016
Part-time Lecturer – CSP 600, 606, 625, 670L Developed syllabus, build online portions of class through Blackboard, provided instruction, and administered all grades.	2015
Instructor/Co-Instructor- CSP 600, 606, 625 Developed syllabus and overall course structure, including weekly lab practicum. Administered all grades	2014
Graduate Assistant – CSP 600L, 600, 625, 606 Collaborated on Curriculum and exam development, met with students upon request, and graded all written work, including final exam papers	2013

RELATED EXPERIENCE

Private Practice Licensed Marriage and Family Therapist #98297 Deliver individual, couples, and family therapy with emphasis on relational, cultural, and trauma-informed care; oversee all clinical and administrative aspects of private practice, including business management, billing, and insurance panel coordination.	2025-current
License to Freedom Clinical Supervisor AAMFT-approved supervisor providing clinical supervision and oversight to trainees at License to Freedom, serving refugee populations who are dealing with Domestic Violence. Supporting	2017-current

administrative protocols, clinical protocols, providing weekly individual and group supervision, theoretical modeling and treatment planning.

License to Freedom

Head of Family Therapy Services

2016-2025

Developing administrative protocols, clinical protocols, providing weekly individual and group supervision, theoretical modeling and treatment planning. Providing multilingual 52-week Domestic Violence Intervention Programs, and psychological evaluations. Maintaining a case load of mandated clients through CWS and court contexts.

License to Freedom

Head of Training and Research

2023-2024

Engaging in outreach and providing trainings and collaboration opportunities with refugee communities in San Diego. Providing professional trainings and workshops for community providers. Engaging in academic and practice-oriented research to ensure evidence-based and research-backed strategies are developed and implemented to work with a linguistically-diverse population.

South Bay Community Services, Chula Vista, CA

Lead Mental Health Associate

2014 – 2016

Individual, group, and family counseling with families in domestic violence emergency shelter and transitional housing programs. Providing TERM 26-week survivor group facilitation for clients involved with CWS

South Bay Community Services, Chula Vista, CA

Domestic Violence Response Team Advocate

2013 – 2014

Respond to calls from police departments, hospitals and other emergency responders in San Diego county and provide crisis counseling, safety planning, and emergency transport, shelter, and clothing to families experiencing domestic violence.

Center For Community Counseling and Engagement

L.E.A.D Intern

2014

The Linguistically, Ethnically And Diverse (LEAD) grant is offered by the County of San Diego's Health and Human Services Agency Workforce Education and Training (WET) organization. The County provided funding for this program to encourage and support LEAD MFT Interns to fast track their efforts to gain MFT licensure and have an opportunity to be employed by County funded Public Mental Health Programs.

A.C.I. Specialty Benefits

Clinical Specialist

2014

Provider of short term mental health assessment and counseling services through Employee Assistance Programs and Student Assistance Programs

License to Freedom

Marriage and Family Therapy Trainee

2012-2013

Provided culturally and linguistically competent therapy services to Middle Eastern immigrant/refugee survivors of domestic violence.

Hoover High School

Marriage and Family Therapy Trainee

2011-2012

Provided individual and family counseling to a diverse student population at Hoover High school.

PUBLICATIONS

Zamani, N. (2023). *Domestic Violence Epistemology and its Effects on Couples' Counselors* (dissertation).

polanco, m., Zamani, N., & Kim, C.D. (2021). Introduction. In M. Polanco, N. Zamani, & C. D. Kim (Eds.), *Bilingualism, Culture, and Social Justice in Family Therapy*. (pp. 39-46). Springer.

Zamani, N., & Zamani, N. (2021). Doing Narrative Therapy in Fenglish. In M. Polanco, N. Zamani, & C. D. Kim (Eds.), *Bilingualism, Culture, and Social Justice in Family Therapy*. (pp. 39-46). Springer.

polanco, m., Zamani, N., & Kim, C. D. (Eds.). (2021). *Bilingualism, Culture, and Social Justice in Family Therapy*. Springer.

Zamani, N. J. (2020, October 4). I Laugh and Cry With These Men. *San Diego Union Tribune*.

Monk, G., & Zamani, N. (2019). Narrative Therapy and the Affective Turn: Part I. *Journal of Systemic Therapies*, 38(2), 1-19.

Zamani, N. (2019) [Reflections on Power] In Monk, G., polanco, m., Sinclair, S. & Winslade, J. (2020). *Intercultural Counseling: Bridging the 'Us' and 'Them' Divide*. San Diego, CA: Cognella.

Zamani, N. (2019, October 19). Reflections on Vikki Reynolds' AFTA Keynote in Oakland, CA. Retrieved from <https://vikkireynoldsdotca.files.wordpress.com/2019/10/navid-zamani-reflection-reynolds-afta-keynote-2019.pdf>

Monk, G., & Zamani, N. (2018). Integrating Emerging Understandings of Neuropsychology and Affect for Narrative Therapy with Couples. In *Postmodern Perspectives on Contemporary Counseling Issues*.

Alzendi, D., Zamani, N., and Ashour, A. (2017). A Study on Mental Health and Gender Based Violence amongst Iraqi Youth and Syrian families of Newcomers to San Diego, California.

Zamani, N., Smith, G., and Monk, G. (2013). Online Forums as Definitional Ceremonies. *Journal of Systemic Therapies*: Vol.32, No. 4, pp. 1-18.

PRESENTATIONS

Sax, P., Zamani, N., & Zucker, L. (2025) *Co-Researching AI: The Promise and the Threat of AI Assisted Narrative Practice*. Re-Authoring Teaching. Web-based Training.

Zamani, N. (2025). *The Down and Forward Approach*. Futures Without Violence Conference. San Francisco, CA.

Bussey, J., Orloff, L. & Zamani, N. (2025). *Myths and Misconceptions about Immigrant Populations*. International Violence and Trauma Conference. San Diego, CA.

Zamani, N. (2025). *The Down and Forward Approach*. International Violence and Trauma (IVAT) Conference. San Diego, CA.

Zamani, N. (2025). *Cultural Considerations in Working with Refugee Survivors of Violence*. Futures Without Violence. National Webinar.

Zamani, N. (2025). *The Down and Forward Approach*. San Diego Domestic Violence Council. San Diego, CA.

Zamani, N. (2024). *Narrative Considerations when Working Alongside Violence*. SoCal Narrative Therapy - Alliant University. San Diego, CA.

Zamani, N. (2024). *Working with Refugee Communities*. Kaiser Family Violence Department. San Diego, CA.

Zamani, N. (2024). *Cross-Cultural Considerations and Active Listening*. Point Loma Nazarene University Occupational Therapy Program. San Diego, CA

Zamani, N. (2024). *Working Alongside Violence*. Case Family Programs. Oakland, Ca.

Zamani, N. & Mohammad, S. (2024). *Afghan Communities and Domestic Violence: Considerations for Practice and Service*. One Safe Place. San Marcos, CA.

Zamani, N. (2022). *Discourse Analysis of DV Services in San Diego*. Center for Achieving Black Wellness and Anti-Racist Education. San Diego State University. San Diego, CA.

Zamani, N. (2022). *Discourse Analysis of DV Services in San Diego*. Alliant University. San Diego, CA

Zamani, N. (2022). *Couple's Therapy and Narrative Ethics*. Narrative Initiatives San Diego (NISD). San Diego, CA.

- Zamani, N. (2022). *Discourse Analysis of DV Services in San Diego*. National Union of Health Care Workers. National Conference via Zoom.
- Zamani, N. (2022). *Linguistic Justice Issues in Family Therapy*. American Family Therapy Academy. National Conference via Zoom.
- Zamani, N. & Mosley, C. (2022). *Unhooding the Role of White Supremacy in DV Services*. American Family Therapy Academy. National Conference via Zoom.
- Johnny Depp-Amber Heard Trial Encouraging Male Domestic Violence Victims To Come Forward. (2022, May 15). Fox5 San Diego. Retrieved May 15, 2022, from <https://fox5sandiego.com/video/johnny-depp-amber-heard-trial-encouraging-male-domestic-violence-victims-to-come-forward/7688831/>.
- Zamani, N. (2022). *License to Freedom at the Margins of Domestic Violence*. Spanglish The Political Society's "Pa'l Carajo". San Diego, CA
- Zamani, N. & Zamani, N. (2021). *The Politics of Farsi/English in Therapy Practice*. El Spanglish Family Therapy Certificado: Bilingualism, Culture, and Social Justice. San Diego, CA.
- Zamani, N. (2021). *Working with Refugee Communities: Considerations of Anti-Colonialism in Domestic Violence Work*. Rhombus Counseling. San Diego, CA.
- Zamani, N. & Moghadam, S. (2020). *Couples Counseling in 2 Frames: Psychodynamic and Narrative Therapy*. Ham Ava Training Institute. Tehran, Iran.
- Zamani, N. (2020). *Multicultural Considerations in Domestic Violence Work*. Rhombus University. San Diego, CA.
- Zamani, N. (2020). *Working with Refugee Communities: Considerations of Anti-Colonialism in Domestic Violence Work*. Jewish Family Services. San Diego, CA.
- Zamani, N. (2020). *Intercultural Considerations in a University Program*. San Diego State University., San Diego, CA.
- Zamani, N. & Reiling, H. (2020). *Psychological Evaluations for MFTS working with Asylum and VAWA*. License to Freedom., El Cajon, CA
- Zamani, N. (2019). *Poststructuralist Approaches in Working with Domestic Violence in Refugee Communities*. Narrative Live., Narrative Initiatives San Diego., San Diego, CA.
- Monk, G., Percy, I., Rosen, L., & Zamani, N. (2019). *Applications of the Affective Turn*. Re-Authoring Teaching., San Diego, CA.
- polanco, m., Zamani, N. (2019) [Discussants] In Domenech Rodriguez, M. M. & Hoff, C. (2019). *Releasing the Steam: How to Re-Set Relationships in Multiple Professional Contexts*. American Family Therapy Academy Annual Conference. Oakland, CA.
- Zamani, N. (2019-20). *Solution-Focused Brief Therapy 40-hour County Training*. San Diego State University Academy of Excellence., San Diego CA
- Zamani, N. (2017-20). *Domestic Violence and Middle Eastern Communities*. San Diego Domestic Violence Council., San Diego, CA.
- Monk, G. & Zamani, N. (2018, March 29). *The Affective Turn*. Presentation, Narrative Gathering, San Diego, CA.
- Zamani, N., Martir, G., Nelson-Cahill, L., & Agape, L. (2018, March 27). *Working with Refugee Communities: Considerations of Anti-Colonialism in Domestic Violence Counseling*. Presentation, Narrative Gathering, San Diego, CA.
- Monk, G. & Zamani, N. (2017, April). *The Affective Turn*. Presentation, AAMFT Conference, San Diego, CA.

Heyes, C., M.S., Klausing, M., M.S., Montoya, R., M.S., Yamamoto, M., M.S., Zamani, N., M.S., & Ewing, J., Ph.D. (2015, February 28). *Employing a Social Constructionist Lens and Collaborative Practices in the Management of a Student-run, University Sponsored Community Mental Health Clinic*. Presentation, Cal State University North Ridge, Los Angeles, CA.

COMMUNITY WORK

The AFTA Podcast 2022-current

Host & Interviewer

This podcast spotlights various practitioner-scholars from AFTA and interviews them about their work and developments, encouraging specificity to their practices. This is an effort to disseminate recent developments and approaches within family therapy.

Refugee Domestic Violence Task force 2020-2023

Chair

This is a subcommittee of the San Diego Refugee forum. This committee organizes various stakeholders and promotes collaboration and action to support efforts in the prevention and intervention of domestic violence in refugee communities in San Diego

National Iranian American Council – San Diego Chapter 2021-2022

Leadership Board

NIAC is focused on building political power for the Iranian-American community to advance peace & diplomacy, secure equitable immigration policies, and protect the civil rights of all Americans. NIAC, the 501(c)(3) sister organization of NIAC Action, is dedicated to educating & engaging the Iranian-American community in order to further advance these priorities.

American Family Therapy Academy (AFTA) 2020-2023

Board Member

Serving on AFTA's board to support the AFTA mission, support the organization of the yearly conference, and construct community amongst a community of academic family therapists in North America

Men's Advocacy Committee 2016-2022

Chair

Organizing events, creating and providing services for community (such as Men's Survivors Group), and providing trainings to Domestic Violence providers in San Diego regarding men's issues in domestic violence

Treatment and Intervention Committee 2020

Co-Chair

Collaborating with DVIP providers in SD county to create, establish, and maintain DV Standards utilized by providers in SD County. Collaborate with judges and law enforcement to provide coordinated service of care.

LANGUAGES

English - Fluent

Farsi – Fluently spoken and elementary writing skills

AWARDS AND HONORS

2023 Agency of Hope Award – San Diego Domestic Violence Council

2023 Lifetime Achievement Award – License to Freedom

2023 Darlene Shiley Honors Faculty Fellowship Award

2021 San Diego Music Awards "Best Americana Album" with Coral Bells

2019 Most Influential Faculty Member – College of Education, San Diego State University

2019 HOPE Award for Frontline Workers – San Diego Domestic Violence Council, San Diego, CA

LICENSES AND CERTIFICATIONS

Licensed Marriage and Family Therapist #98297

AAMFT Approved Supervisor #135085

Certified Domestic Violence Counselor for California Emergency Management Agency (CalEMA)

Certified Domestic Violence Counselor for Batterer Programs

Certified "Windows Between Worlds" Expressive-Arts Group Facilitator

Recipient of Mental Health Certificate granted by San Diego State University

MUSIC HISTORY

Thredwood

Drum kit on the following album:

"A Thousand Songs"

Coral Bells

Drum kit on the following albums:

"Still Be Home"

"Treehouse Tapes"

My Buddy Ricky

Drum kit, vocals, piano, bass:

"Stay-at-home Dads"

Paige Koehler

Drum Kit on following songs:

"Patience"

"Love You 'til the Airport"

VideoRose

Drum Kit on following songs:

"Black Cadillac"

*COURSE NUMBERS AND TITLES

CSP 320 – Introduction to Counseling Practices

CSP 400 – Introduction to Counseling Professions

CSP 460 – Social Change

CSP 600 - CrossCultural Counseling

CSP 600L - CrossCultural Counseling Skills Lab

CSP 606 – MFT Law and Ethics

CSP 615 - Multicultural Considerations in School Psychology and School Counseling

CSP 618 - Mental Health Recovery and the DSM

CSP 625 - Marriage and Family Therapy Theories I

CSP 626 - Marriage and Family Therapy Theories II

CSP 640 - Marriage and Family Therapy Tests and Assessments

CSP 670 - Group Counseling

CSP 670L - Group Counseling Lab

CSP785 – Traineeship Seminar

HON 113 - Identity and Music

HON 313 - Professional Development and Relational Ethics